



**SaVida**  
Health

**Community Resource Guide**  
*Western Massachusetts*

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# Food Access Sites Pittsfield

Location	Times	Requirements
Berkshire Dream Center (held at Morningside Baptist Church) 475 Tyler Street Pittsfield 413-522-3495	Tuesdays 2:30pm-3:30pm	No Requirements
Berkshire Dream Center Mobile Food Pantry 413-522-3495	Pittsfield Locations: 3rd Tuesday of the month Dower Square at 5:30pm; 3rd Tuesday of the month Wilson Park at 6:15pm; 3rd Wednesday of the month Central Annex on 2nd Street at 4:00pm; 3rd Wednesday of the month Providence Court at 4:45 pm; 3rd Wednesday of the month Berkshire Peak (Old Riverview Apartments) at 5:30pm	No Requirements
Christian Assembly Church 850 Williams Street Pittsfield 413-442-1495	Wednesdays & Fridays 10:00am - 1:00pm	No Requirements
Christian Center Client Choice 193 Robbins Avenue Pittsfield 413-443-2828	Mondays thru Thursdays 10:00am - 2:00pm	No Requirements

# Food Access Sites Pittsfield

Location	Times	Requirements
First Baptist Church 88 South Street Pittsfield 413-445-4539	Tuesdays 10:30am – 12:30pm	No Requirements
First United Methodist Church 55 Fenn Street Pittsfield 413-499-0866	Tuesdays 4:00pm – 5:30pm at the Renee Avenue entrance	No Requirements
St. Joseph's Church (held at the Parish Center) 414 North Street Pittsfield 413-445-5789	Wednesdays 8:30am – 10:00am	No Requirements
St. Mark's Church 400 West Street Pittsfield 413-447-7510	Last two Fridays of each month 9:00am – 11:00am	No Requirements
The Salvation Army 298 West Street Pittsfield 413-442-0624	Mondays, Wednesdays, and Fridays 12:30pm – 3:00pm	No Requirements



# Food Access Sites Pittsfield

Location	Times	Requirements
Soldier On Food Pantry 360 West Housatonic Street Pittsfield 413-236-5644	Saturdays 8:00am – 11:00am	Proof of address
South Congregational Church 110 South Street Pittsfield 413-442-7357	Wednesdays & Thursdays 7:30am – 11:00am	Short application to fill out Assistance available once a week
South Congregational Church Mobile Food Delivery 110 South Street Pittsfield 413-442-7357	Deliveries on Mondays. Please call the church and leave a message if you want a delivery.	No Requirements



# Food Access Sites Becket, Dalton & Hinsdale

Location	Times	Requirements
Becket Federated Church Parish House 3381 Main Street Becket 413-841-1701	1st & 3rd Saturdays of each month 9:00am – 11:00am	No Requirements
Dalton United Methodist Church 755 Main Street Dalton 413-684-0521	Tuesdays 4:00pm – 6:00pm	Open to Berkshire County residents
First Congregational Church of Hinsdale Located at Hinsdale Trading Company Parking Lot 371 Old Dalton Road Hinsdale 413-655-2670	Thursdays 10:00am – 11:00am	No Requirements
The Food Bank of Western Massachusetts Mobile Food Bank Held at the Dalton CRA 400 Main Street Dalton 413-247-9738, ext. 121	4th Wednesday of each month 11:00am – 12:00pm; Rain or shine	No Requirements
St. Agnes Church 489 Main Street Dalton 413-684-0125	Thursdays 5:30pm – 6:00pm	For Dalton and Hilltown residents only



# Food Access Sites

## North County Food Pantries

Location	Times	Requirements
Al Nelson Friendship Center 45 Eagle Street North Adams 413-664-0123	Wednesdays 10:00am – 2:00pm Friends physically unable to get to the food pantry, call on Wednesdays between 10am - 4pm to set-up a delivery which will take place on Thursdays, 10:00am – 12:00pm	Assistance to residents of Clarksburg, Florida, and North Adams every other week
Berkshire Dream Center Mobile Food Pantry 413-522-3495	North Adams Locations: 4th Wednesday of the month Mohawk Forest at 5:00pm; Brayton Hill at 5:45pm; Greylock at 6:30pm	No Requirements
Cheshire Food Pantry (held at the Cheshire Community Center) 119 School Street Cheshire 413-743-9719	1st Saturday of each month 11:00am – 12:00pm	Available to all Cheshire residents with proof of residency. Emergency food is also available.
Community Bible Church 160 Bridges Road Williamstown 413-458-5556	3rd Wednesday of each month 12:00p - 2:00pm	Must be Massachusetts Resident



# Food Access Sites

## North County Food Pantries

Location	Times	Requirements
The Food Bank of Western Massachusetts Mobile Food Bank (held at the Adams Council on Aging/Adams Visitors Center) 3 Hoosac Street Adams 413-247-9738, ext. 121	2nd & 4th Tuesdays of each month 10:00am – 11:00am	One distribution per household. Must be a Berkshire County Resident.
The Food Bank of Western Massachusetts Mobile Food Bank North Adams American Legion 124 American Legion Drive North Adams 413-247-9738, ext. 121	1st and 3rd Fridays of each month 10:00am – 11:00am	No proof of eligibility required. One distribution per household.
St. John Paul II Charity Center (Rte. 8 across from Walgreens Adams) 413-743-0577	Wednesdays 11:00am – 1:00pm	Assistance to residents of Adams, Cheshire, and Savoy every week
The Salvation Army Gateway New Life Center 393 River Street North Adams 413-663-7987	Tuesdays 12:00pm – 3:00pm Drive or walk-thru. For Emergency Pantry please call 413-663-7987. Deliveries on Wednesdays 12:00 pm – 2:00pm. Call 413-663-7987 on Tuesdays 10:00am – 12:00pm to schedule a delivery.	For North County residents only





# Food Access Sites

## North County Food Pantries

Location	Times	Requirements
Williamstown Food Pantry at St. Patrick & St. Raphael Parish 53 Southworth Street Williamstown 413-458-4946x11 or 413-458-3149	1st & 3rd Wednesdays of each month 9:00am – 12:00pm Drive or walk-thru	Assistance to residents of Hancock, New Ashford, Williamstown, and Pownal, VT



# Food Access Sites South County

Location	Times	Requirements
The Food Bank of Western Massachusetts Mobile Food Bank (held at CHP) 444 Stockbridge Road Gt. Barrington 413-247-9738, ext.121	1st Tuesday of each month 11:00am – 12:00p Rain or shine	No proof of eligibility required
Lee Food Pantry 45 Railroad Street Lee 413-266-1141	Saturdays 10:00am – 12:00pm	Serves people in Becket, Lee, Lenox Dale, Otis, Stockbridge, Tyringham, & West Stockbridge <a href="http://www.graceberkshires.org">www.graceberkshires.org</a>
Lenox Ecumenical Food Pantry Located at the United Methodist Church of Lenox 6 Holmes Road Lenox 413-445-5918	Saturdays 10:00am – 11:00am	Serves Lenox and Lenox Dale residents along with our members of Lenox and Lenox Dale churches - Assistance available every other week

# Food Access Sites South County

Location	Times	Requirements
<p>Monterey Community Partnership (held at the Monterey United Church of Christ 449 Main Road; in the basement)            Monterey 413-528-1443, ext. 247 Call the above telephone number to schedule a home delivery</p>	<p>Free curbside pick-up or home delivery            Saturdays 10:00am – 11:30am; Weekly visits are welcome</p>	<p>No requirements. Please wear a mask.</p>
<p>Otis Food Pantry 1 North Main Road  <a href="mailto:otisfoodpantry@gmail.com">otisfoodpantry@gmail.com</a>            On Facebook at: Otis Food Pantry</p>	<p>Wednesdays 10:00am – 12:00pm</p>	<p>No residency restrictions</p>
<p>Peoples Pantry 5 Taconic Avenue at St. James Place – Across from CVS Gt. Barrington  <a href="http://www.thepeoplespantrygb.org">www.thepeoplespantrygb.org</a></p>	<p>Mondays 4:00pm – 6:00pm; Thursdays 10:00am – 1:00pm</p>	<p>South County residents only. No proof of eligibility required.</p>

# Food Access Sites South County

Location	Times	Requirements
<p>Otis Food Pantry 1 North Main Road  <a href="mailto:otisfoodpantry@gmail.com">otisfoodpantry@gmail.com</a>            On Facebook at: Otis Food Pantry</p>	<p>Wednesdays 10:00am – 12:00pm</p>	<p>No residency restrictions</p>
<p>Peoples Pantry 5 Taconic Avenue at St. James Place – Across from CVS Gt. Barrington  <a href="http://www.thepeoplespantrygb.org">www.thepeoplespantrygb.org</a></p>	<p>Mondays 4:00pm – 6:00pm; Thursdays 10:00am – 1:00pm</p>	<p>South County residents only. No proof of eligibility required.</p>
<p>Sheffield Food Assistance (held at Old Parish Church) 125 Main Street            Sheffield 413-229-2624</p>	<p>Mondays 9:00am – 10:00am</p>	<p>Must be resident of Southern Berkshire Regional School District.</p>



# Meal Sites Pittsfield

First United Methodist Church 55 Fenn Street Pittsfield 413-499-0866	For July & August Tuesdays 8:00am – 9:00am – Use Fenn Street Entrance
The Salvation Army 298 West Street Pittsfield 413-442-0624	Mondays through Fridays; Brunch served 10:30am – 11:30am
South Congregational Church - St. Joseph's Kitchen 110 South Street Pittsfield 413-442-7357	Wednesdays & Thursdays 8:00am – 9:00am Grab & Go
Christian Center 193 Robbins Avenue Pittsfield 413-443-2828	Mondays through Fridays. Continental breakfast will be served in the Warming Shelter at 9:00am. Lunch will be served 12:00p, – 1:00pm. Warming Shelter will be open Mondays through Fridays 9:00am – 3:00pm .



# Meal Sites Pittsfield

<p>Pittsfield Public Schools Summer Food Program Free meals for all children 18 &amp; under. Breakfast &amp; lunch will be packaged together. Parents can pick-up meals for their children. Children &amp; families can pick-up from any meal site, it does not have to be from their school. On Mondays &amp; Wednesdays, 2 breakfasts and 2 lunches are distributed. On Fridays, 3 breakfasts and 3 lunches are distributed.</p>	<p>From June 28 - August 27 Mondays, Wednesdays, and Fridays Grab &amp; Go breakfast and lunch served at the following locations and times: 11:00am – 11:30am Berkshire Peak Apartments (West Street); Dower Square Housing Village (Wahconah Street); 11:15am – 11:45am Egremont Elementary School (Egremont Avenue); 12:00pm – 12:30pm Allendale Elementary School (Connecticut Avenue); Brattlebrook Apartments (April Lane); Conte Community School (West Union Street); Morningside Community School (Burbank Street).</p> <p>From July 3-August 21 Saturdays Lunch is served at the Pittsfield Farmers Market (The Common on First Street) 11:00am – 1:00pm.</p>
<p>Cathedral of the Beloved Held at St. Stephen's Church (enter on Allen St.) 67 East Street Pittsfield 413-448-8276</p>	<p>Sundays 1:00pm</p>
<p>Jewish Federation at Knesset Israel Synagogue 16 Colt Road Pittsfield 413-442-2200</p>	<p>Mondays, Tuesdays, and Thursdays 11:45am – 12:00pm – Pick-up at kitchen door Kosher senior meals grab &amp; go Meals by reservation by calling 413-442-2200</p>



# Meal Sites Pittsfield

Pittsfield Senior Center 330 North Street Pittsfield 413-499-9346	Mondays thru Fridays 11:30am – 12:30pm Senior Meals Grab & Go Call 1 day ahead for reservations Recommended \$2 donation for seniors 60 and over
Price Memorial AME Zion Church 163 Linden Street Pittsfield 413-464-7827	Saturdays 11:00am – 1:00pm Bagged lunches to go – Call Connie at 413-358-8393 for information on deliveries
First Baptist Church – “Feed My Sheep” 88 South Street Pittsfield 413-445-4539	Mondays 5:30pm – 6:30pm Grab & Go
First United Methodist Church 55 Fenn Street Pittsfield 413-499-0866	Tuesdays - Harvest Table Meal 4:00pm – 5:30pm Use Fenn Street Entrance
St. Stephen’s Church (Enter on Allen Street) 67 East Street Pittsfield 413-448-8276	Thursdays & Fridays 4:45pm - 5:30pm
The Salvation Army 298 West Street Pittsfield 413-442-0624	Sundays 4:30pm – 5:00pm
South Congregational Church – St. Joseph’s Kitchen 110 South Street Pittsfield 413-442-7357	Wednesdays 4:30pm – 5:30pm Grab & Go



# *Meal Sites*

## *Dalton*

Dalton Senior Center 40 Field Street Ext. Dalton  
413-684-2000 (Run by the Dalton Council on Aging)

Mondays and Thursdays 12:00pm – 1:00pm Congregate  
meals available for grab & go Must enroll with Elder Services  
first. Need 24 hour notice. Call 684-2000.





# Meal Sites North County

Adams COA 3 Hoosac Street Adams 413-743-8333	Mondays thru Fridays 11:30am. Congregate meals available for grab & go. Must call Adams COA 24 hours prior.
Berkshire Food Project Held at First Congregational Church of North Adams 134 Main Street North Adams 413-664-7378	Mondays, Wednesdays, and Fridays 11:30am – 1:00pm
Cheshire COA Held at Cheshire Community Center 119 School Street Cheshire 413-743-9719	Mondays thru Fridays 10:15am – 12:00pm. Congregate meals available for grab & go Must call Cheshire COA
First Baptist Church Community Soup Kitchen Eagle Street Entrance 131 Main Street North Adams 413-652-7619	Saturdays 11:00am – 12:00pm
McCann Technical School 70 Hodges Cross Road North Adams 413-663-5383 Grab & Go meals at no cost for any student ages 18 and under from the area	Mondays, Wednesdays, and Fridays 3:00pm – 3:45pm. On the pick-up days there will be one hot meal, one cold meal, and two breakfasts. Pick-ups every week unless there is a holiday.



# Meal Sites North County

<p>North Adams COA Mary Spitzer Center 116 Ashland Street North Adams 413-662-3125</p>	<p>Mondays through Fridays 11:30am – 12:00pm. Congregate meals available for 60+ for pick-up only – Must call one day in advance to reserve meal. Please call 413-664-9826</p>
<p>North Adams Public Schools Summer Food Service Program Meals are provided to all children without charge on a first come, first serve basis. Multiple day meals will be provided at Mohawk Forest Apartments, Greylock Valley Apartments, and Colegrove Park Elementary School</p>	<p>Mohawk Forest Apartments 6/21/21 - 8/27/21 Tuesdays &amp; Fridays only Breakfast &amp; Lunch 11:30am – 12:00pm; Greylock Valley Apartments 6/21/21 - 8/27/21 Mondays &amp; Thursdays only Breakfast &amp; Lunch 11:30am – 12:00pm; Colegrove Park Elementary School 6/21/21 – 8/27/21 Tuesdays &amp; Fridays only Breakfast &amp; Lunch 11:00am – 11:30am; Noel Field Splash Pad 7/6/21 – 8/27/21 Mondays through Fridays Lunch 12:15pm – 12:45pm</p>



# Meal Sites South County

Guthrie Center 2 Van Deusenville Road Gt. Barrington 413-528-1955	Wednesdays Free Community "TO GO" Lunch 12:00pm – 1:00pm
Lenox COA, Community Center 65 Walker Street Lenox Building locked. You must knock on door If new to program, you must fill out a form	Mondays, Wednesdays, and Fridays 12:00pm – 12:30pm Congregate meals available for grab & go Must reserve a meal two days in advance by calling 413-637-5535
Sheffield Senior Center 25 Cook Road Sheffield 413-229-7037	Community senior meals grab & go Provided through Elder Services To order a meal, please call 413-229-7037 \$2 suggested donation
Breaking Bread Community Supper Held at the American Legion Cook Road Sheffield 413-229-8614	Thursdays 5:00pm – Grab & go dinners Please RSVP at 413-229-7037 Free to all
First Congregational Church of Lee 25 Park Place Lee 413-243-1033 Observing all Covid guidelines Enter via door at the left side of the church	Grab & Go Community Meal 1 st & 3rd Wednesday of each month Pick-up 4:30pm – 5:30pm BYO bag encouraged Donations welcome

# Employment and Training

Berkshire Area Health Education Center (AHEC) @BCC - [www.berkshireahec.org](http://www.berkshireahec.org)

395 Main Street, Dalton (413) 842-5160

Berkshire AHEC empowers communities towards better health by connecting health professionals and the community to high quality health education.

Berkshirejobs.com - [www.berkshirejobs.com](http://www.berkshirejobs.com)

(413) 663-3384

Internet job listing/search.

Goodwill Industries of the Berkshires and So. Vermont - [www.goodwill-berkshires.com](http://www.goodwill-berkshires.com)

Store: 166 State St. N. Adams .(413) 749-8999

Training Center: 158 Tyler St., Pittsfield (413) 442-0061

Employment and training for individuals with barriers to employment.

MassHire Berkshire Career Center - [www.masshireberkshirecc.com](http://www.masshireberkshirecc.com)

160 North St., 3rd Floor, Pittsfield . (413) 499-2220, Ext. 110

Job development, job search, job training for adults, youth services, education & work experience, employment related workshops, resource room. Employment & training opportunities for adults and youth. Resource room for job search; employment related workshops; job training for eligible customers, Hi-SET for eligible youth.

# Employment and Training

Mass. Rehabilitation Commission - [www.mass.gov/orgs/massachusetts-rehabilitationcommission](http://www.mass.gov/orgs/massachusetts-rehabilitationcommission)  
37 Main St., 3rd Floor, North Adams..(413) 663-5391  
Job placement and training for people with disabilities.

McCann Technical School - [www.mccanntech.org](http://www.mccanntech.org)  
70 Hodges Crossroads, N. Adams .(413) 663-5383  
Training in cosmetology, medical assistance, dental assistance, surgical technologists, practical nursing.

Mildred Elley - <https://www.mildred-elley.edu>  
Admissions Office 33 Main Street, N. Adams..(413) 358-4846  
Main Campus-100 West St., Pittsfield (413)358-4846  
Career education and technical training. Quality placement opportunities.

# Family Services

18 Degrees - [www.18degreesma.org](http://www.18degreesma.org)

480 West St. Pittsfield (413) 448-8281 Toll Free (888) 742-7443

Wide range of family support services and parent education. Programs in North Berkshire

Berkshire Baby Box - [www.berkshirebabybox.org](http://www.berkshirebabybox.org)

P.O. Box 587 South Egremont, MA 01258 (413) 591-8029

Provides a safe sleeping space for newborns, essential items, and an educational component which connects parents to local resources and community support.

Berkshire County Head Start - [www.berkhs.org](http://www.berkhs.org)

21 Williams St. North Adams (413) 664-7932

46 Howland Ave. Adams (413) 743-5150

1 Meadow Ln. Pittsfield, MA (413) 499-0137

Ages 3-5: Classroom education, home visiting, child care - sliding fee.

Berkshire County Kids Place and Violence Prevention - [www.kidsplaceonline.org](http://www.kidsplaceonline.org)

63 Wendell Ave. Pittsfield (413) 499-2800

North Adams (413) 662-8017

Supportive, safe environment, advocacy, counseling, treatment of child abuse.

Berkshire Family YMCA - [www.bfymca.org](http://www.bfymca.org)

2 Brickyard Ct., N. Adams (413) 663-6529

292 North St. Pittsfield (413) 499-7650

Preschool and social programs for all ages.

# Family Services

Berkshire North WIC (Women, Infants, Children) - [www.berkshirehealthsystems.org/wic](http://www.berkshirehealthsystems.org/wic)  
North Adams Campus of BMC, 71 Hospital Ave. (413) 663-3012  
165 Tor Court Pittsfield (413) 445-9429  
For women, infants and children: healthy food, nutrition and breastfeeding information.

Berkshire South WIC (Women, Infants, Children) - [www.wicprograms.org/li/berkshire\\_south\\_wic\\_program\\_01230](http://www.wicprograms.org/li/berkshire_south_wic_program_01230)  
442 Stockbridge Rd. Great Barrington (413) 528-0457  
For women, infants and children: healthy food, nutrition and breastfeeding information.

Berkshire Nursing Families - [www.berkshirenursingfamilies.org](http://www.berkshirenursingfamilies.org)  
71 Hospital Ave., North Adams (413) 743-5338  
Lactation support program. Phone support available.

Caleb Group, Mohawk Forest - [www.thecalebgroup.org](http://www.thecalebgroup.org)  
201 Mohawk Forest Blvd. North Adams (413) 663-6900  
Programs for children/families, after school and summer at Mohawk Forest.

Early Intervention @ UCP - [www.ucpwma.org](http://www.ucpwma.org)  
535 Curran Highway, North Adams (413) 664-9345  
Children (birth - 3) who have developmental delay or are at risk of a delay. Developmental evaluation, screening and developmentally appropriate treatment options provided.



# Family Services

Family Resource Center @ NBCC - [www.nbccoalition.org](http://www.nbccoalition.org)

61 Main St. Suite 206 North Adams (413) 663-7588

Working with families ages 0-18, providing family support and parent education in the community, at school, and the home.

Child Care of the Berkshires (CCB) - [www.ccberkshire.org](http://www.ccberkshire.org)

Main Office - 210 State St. (Haskins Center) North Adams (413) 663-6593

First Steps Together - [www.mass.gov/info-details/about-first-steps-together](http://www.mass.gov/info-details/about-first-steps-together)

See page 33 under Substance Use Supports & Recovery for phone numbers and services

Williamstown Community Preschool - [www.williamstowncommunity.org](http://www.williamstowncommunity.org)

777 Main St. Williamstown (413) 458-4476

Preschool for children aged 15 months - 5 years, after-school: K-6 at Williamstown Elementary School.





# Financial Services

Cents Ability @ BCAC - [www.bcacinc.org](http://www.bcacinc.org)  
85 Main St. North Adams (413) 663-3014  
1531 East St. Pittsfield (413) 445-4503  
Money management workshops.

Berkshire Community Action Council (BCAC) - [www.bcacinc.org](http://www.bcacinc.org)  
85 Main St. North Adams (413) 663-3014  
1531 East St. Pittsfield (413) 445-4503  
Fuel & emergency assistance. Free tax preparation.

Dept. of Transitional Assistance - [www.mass.gov/orgs/departement-of-transitional-assistance](http://www.mass.gov/orgs/departement-of-transitional-assistance)  
37 Main St. North Adams (413) 663-1145  
160 North St. Pittsfield (413) 236-2000  
Cash assistance: Families (TAFDC) & individuals (EAEDC).

PopCares - [www.popcares.org](http://www.popcares.org)  
PO BOX 482 Williamstown (413) 281-1094  
For Northern Berkshire residents battling cancer: Short-term assistance for groceries, gas, dining, or for lodging while patients are undergoing treatment, for patient or caregiver. Submit a request at [www.popcares.org](http://www.popcares.org).



# Financial Services

The Salvation Army - [www.massachusetts.salvationarmy.org/MA](http://www.massachusetts.salvationarmy.org/MA)  
393 River St. North Adams (413) 663-7987  
298 West St. Pittsfield (413) 442-0624  
Assistance with food and fuel assistance through the Good Neighbor Fund.

Social Security Administration - [www.ssa.gov](http://www.ssa.gov)  
96 Marshall St. North Adams (877) 319-5709  
78 Center St. Pittsfield (800) 772-1213  
Social security programs/SSI/SSDI, federal government programs.



# Food Assistance

WIC (Women, Infants, and Children) - [www.berkshirehealthsystems.org/wic](http://www.berkshirehealthsystems.org/wic)  
71 Hospital Ave. North Adams (413) 663-3012  
510 North St. Pittsfield (413) 447-3495  
Healthy food for pregnant, postpartum and breastfeeding women and children up to 5.

Dept. of Transitional Assistance - [www.mass.gov/orgs/department-of-transitional-assistance](http://www.mass.gov/orgs/department-of-transitional-assistance)  
37 Main St. North Adams (413) 663-1145  
160 North St. Pittsfield (413) 236-2000  
Supplemental Nutrition Assistance Program (SNAP), also known as food stamps, Healthy Incentive Program (HIP).



# *Clothing/Household Items*

Berkshire Dream Center  
475 Tyler St. Pittsfield (413) 522-3495

Goodwill Industries of the Berkshires and So. Vermont - [www.goodwill-berkshires.com](http://www.goodwill-berkshires.com)

Store:

166 State St. North Adams (413) 749-8999

457 Dalton Ave. Pittsfield (413) 442-6627

Provides support services for families and children in crisis/need of clothing and household



# Health Insurance Services

Ecu-Health Care - <https://north.berkshirehealthsystems.org/community-health-wellness/ecu-health-care/>

99 Hospital Ave. North Adams (413) 663-8711

Health Care access: Help enrolling in health care & public insurance programs.

Advocacy for Access [www.berkshirehealthsystems.org/programs-and-services/community-wellness/advocacy-for-access/](http://www.berkshirehealthsystems.org/programs-and-services/community-wellness/advocacy-for-access/)

510 North St. Suite 8

Pittsfield, MA 01201

Monday - Wednesday, Friday: 8:15am to 4:00pm

Thursday: 9:30am – 4:00pm

Appointments are available by calling 413-445-9480

Advocacy for Access of Fairview Hospital

29 Lewis Avenue

Great Barrington, MA 01230

Monday – Friday: 8:00am – 4:00pm

Appointments are available by calling 413-854-9616. Assistance is also provided on a first-come, first-served walk-in basis



# Heating/Energy Programs

Berkshire Community Action Council (BCAC) - [www.bcacinc.org](http://www.bcacinc.org)  
85 Main St. North Adams (413) 663-3014 / Toll Free: (866) 216-6200  
1531 East St. Pittsfield (413) 445-4503  
LIHEAP/Fuel assistance. Call (413) 663-3014 for appt. Other questions, call (866) 216-6200

Citizens Energy - Joe Oil - [www.citizensenergy.com](http://www.citizensenergy.com)  
Toll Free: (877) 563-4645  
Offers assistance for oil and gas heat.

MASS Energy Consumer Alliance - [www.massenergy.org](http://www.massenergy.org)  
Toll Free: (800) 287-3950  
Full service local oil dealers w/discount prices for home heating oil.

MassSave - [www.masssave.com](http://www.masssave.com)  
(866) 527-7283  
Free home energy assessments, 0% interest loans, incentives & rebates for energy efficiency measures. Sponsored by National Grid & Berkshire Gas.

National Grid AMP Program  
Toll Free: (866) 580-7617 or (888) 211-1313  
Arrears Management Program (AMP) helps customers who qualify for fuel assistance to pay off their current balance



# Heating/Energy Programs

The Salvation Army - [www.magoodneighbor.org](http://www.magoodneighbor.org)  
393 River St. North Adams (413) 663-7987  
298 West St. Pittsfield (413) 442-0624  
The Good Neighbor Energy Fund.

Williams College Winter Blitz <http://sustainability.williams.edu/winterblitz>  
Community outreach weatherization program that gets students into nearby communities to help seal up houses to make them warmer and decrease winter energy costs.



# Housing Agencies

Adams Housing Authority - [www.ahauthority.com](http://www.ahauthority.com)  
4 Columbia St. Adams (413) 743-5924  
Subsidized rental assistance based on income. Section 8 housing.

Berkshire County Regional Housing Authority (BCRHA) - [www.bcrha.com](http://www.bcrha.com)  
1 Fenn St. 4th Floor Pittsfield (413) 443-7138 Toll Free (800) 248-9002  
Housing services: legal help w/ housing and related issues, mediation/negotiation for landlord/tenant disputes, housing search.

Berkshire Housing Development Corporation - [www.berkshirehousing.com](http://www.berkshirehousing.com)  
1 Fenn St. Pittsfield (413) 499-1630  
Subsidized rental assistance based on income, section 8 housing, other housing support.

North Adams Housing Authority - [www.northadams-ma.gov](http://www.northadams-ma.gov)  
150 Ashland St. North Adams (413) 663-5379  
Subsidized rental assistance based on income. Section 8 housing.

Northern Berkshire Habitat for Humanity - [www.northberkshirehabitat.org](http://www.northberkshirehabitat.org)  
P.O. Box 391, 61 Main St. North Adams (413) 664-4440  
Affordable home ownership for low and moderate income families.





# *Housing Agencies*

Pittsfield Housing Authority <https://www.affordablehousing.com/housing-authority-ma/pittsfield-housing-authority-2029/>  
65 Columbus Ave. Suite 1 Pittsfield,(413) 443-5936

Williamstown Housing Authority - [www.williamstownha.com](http://www.williamstownha.com)  
35 Adams Rd. Williamstown (413) 458-8282 / (413) 458-5483  
Subsidized rental assistance based on income. Section 8 housing.

# Homeless Shelters

Louison House - [www.louisonhouse.org](http://www.louisonhouse.org)

149 Church St. North Adams

395 Old Columbia St. Adams (413) 663-6323

Prevention, support, emergency intervention, and housing for the homeless, including shelter services.

Our Friend's House (Shelter for Families)

292 West St. Pittsfield (413) 499-2877

A homeless family is first triaged through Berkshire County Regional Housing Authority to see if they qualify for Emergency Assistance. While this could lead to their having to leave town, it also qualifies them for benefits they wouldn't ordinarily receive. If not qualifying, they are added to OFH's waitlist until an opening becomes available.

St Joe's (Pittsfield Emergency Shelter)

Maplewood Ave. Pittsfield (413) 320-6550

All guests share in cooking, cleaning, and other household tasks during their stay at the shelter. They may also be working on increasing their income via job searches and/or applying for entitlements; on housing searches/housing applications; beginning a new job or going back to school; and on connecting with needed rehabilitative, medical, counseling, recovery, or other services. Onsite shelter staff often connect guests to case management and other support offered through our Resource Centers.



# Mental Health/ Counseling

## Mental Health Crisis

Dial 911

Berkshire Crisis Team (operated by the Brien Center) 24/7 (413) 499-0412

Berkshire Coalition for Suicide Prevention - [www.berkshirecoalition.org](http://www.berkshirecoalition.org)

Suicide Prevention Lifeline - 24/7 (800) 273-8255 or (800) 273-TALK; Suicide Loss Support (413) 441-6316

BMC Jones Psychiatric Care (short term)

Call the Berkshire Crisis Team (operated by the Brien Center) at (413) 499-0412 for intake or go directly to the emergency room.

Brien Center for Mental Health and Substance Abuse Services - [www.briencenter.org](http://www.briencenter.org)

124 American Legion Dr. North Adams (413) 664-4541 / Toll Free (800) 252-0227

359 Fenn St. Pittsfield (413) 499-0412

60 Cottage St. Great Barrington (413) 528-9155

Outpatient therapy and psychiatry; individual, family, and group treatment offered

Clinical Support Options (CSO) - [www.csoinc.org](http://www.csoinc.org)

877 South St. Pittsfield (413) 236-5656

Support and counseling for families, individuals, and children in Berkshire County. Outpatient services



# Mental Health/ Counseling

Counseling Center of the Berkshires - [www.ccberkshires.com](http://www.ccberkshires.com)

34 Depot St. Pittsfield.(413) 499-4090

906 Main St. Williamstown (413) 499-4090

Counseling resources for individuals and families. All phones answered in Pittsfield.

NAMI Berkshire County (National Alliance on Mental Illness of Berkshire County) - [www.namibc.org](http://www.namibc.org)

333 East St. Room 417 Pittsfield (413) 443-1666

Support, education and advocacy provided to individuals, families and caregivers whose lives are affected by mental illness. A

Western Mass Recovery Learning Center - [www.westernmassrlc.org/pittsfield](http://www.westernmassrlc.org/pittsfield)

150 North St. Suite 28 Room 1 Pittsfield (413) 464-9807



# Pregnancy/Family Planning

Healthy Steps - [www.berkshirehealthsystems.org/healthysteps](http://www.berkshirehealthsystems.org/healthysteps)

510 North St. Pittsfield (413) 447-265

Free and confidential services include STD, HIV, and hepatitis C testing and treatment; Syringe Service program; overdose education and Naloxone distribution; HIV case management; designated sharps disposal site; free condoms.

Pregnancy Support Services of Berkshire County Inc.

34 Depot St #204 Pittsfield (413) 443-7351

Healthy Families Program

152 North St #320 Pittsfield (413) 445-4324

Tapestry Health - [www.tapestryhealth.org](http://www.tapestryhealth.org)

100 Wendell Ave #1 Pittsfield (413) 443-2844

Birth control; pregnancy testing; Hep.C/HIV/STI testing; emergency contraception; family planning counseling; breast cancer screening; pap smears, pelvic exams; HPV vaccine. Call for an appointment.



# *Pregnancy/Family Planning*

Teen to 23 Project - [www.berkshirenursingfamilies.org](http://www.berkshirenursingfamilies.org)

210 State St. North Adams (413) 743-5338

For pregnant young families, we provide childbirth/breastfeeding education on Thursdays from 11am to 1pm. Also provide peer support and parenting/breastfeeding support for young families with infants. Breastfeeding support group meets every Tuesday from 10:00am - 12:00pm.



# Substance use Support & Recovery

Al-Anon (for family members) - [www.berkshirealanon.org](http://www.berkshirealanon.org)

Toll Free (888) 425-2666; Support for family and friends of individuals who misuse alcohol or other substances.

Alcoholics Anonymous (AA) - [www.westernmassaa.org](http://www.westernmassaa.org)

Hotline/Main/Intergroup (413) 532-2111 / Spanish speaking (413) 409-2201

A fellowship of people who share their experience, strength and hope with each other, that they may solve their common problem, and help others to recover from alcoholism.

Beacon Recovery Community Center, a program of NBCC (hosted at The Green)

85 Main St. North Adams (413) 663-7588

Peer support to those seeking recovery from addiction. Offers nondenominational support groups, connections to networks and opportunities to socialize. Free and open to all.

Brien Center for Mental Health & Substance Abuse Services - [www.briencenter.org](http://www.briencenter.org)

1124 American Legion Dr. North Adams (413) 664-4541 / Toll Free (800) 252-0227

359 Fenn St. Pittsfield (413) 499-0412

60 Cottage St. Great Barrington (413) 528-9155

Outpatient therapy and psychiatry; individual, family, and group addiction treatment.

Celebrate Recovery - [www.firstbaptistnorthadams.org](http://www.firstbaptistnorthadams.org)

131 Main St. North Adams (413) 663-3780; A Christian-based 12-step program. Call for hours.



# Substance use Support & Recovery

First Steps Together - [www.mass.gov/info-details/about-first-steps-together](http://www.mass.gov/info-details/about-first-steps-together); Center for Human Development,  
141 North St. Ste. 307 Pittsfield (413) 372-9830

A home visiting program which includes peer coaching and parenting support programs for moms recovering from opioid dependence. Recovery and parenting group referrals for physical and mental health care and substance use treatment, and connections to community-based services

George B. Crane Memorial Center - [www.theqbcmc.org](http://www.theqbcmc.org)

81 Linden St. Pittsfield (413) 464-7066; (413) 281-7407

AA, NA. Refuge recovery, and other recovery support programs.

Healthy Steps - [www.berkshirehealthsystems.org/healthysteps](http://www.berkshirehealthsystems.org/healthysteps)

510 North St. Pittsfield (413) 447-2654

Free and confidential services include STD, HIV, and hepatitis C testing and treatment; Syringe Service program; overdose education and Naloxone distribution; HIV case management; designated sharps disposal site; free condoms; referrals for health insurance, PCP and other community resources.

Institute for Health and Recovery - [www.healthrecovery.org](http://www.healthrecovery.org)

Toll Free: (866) 705-2807

Facilitate referrals to family residential substance use treatment programs and sober living programs around the state. Can refer pregnant/postpartum individuals; individuals/families with children in their care; individuals/families with children out of their care but with the goal of reunifying in a program.





# Substance use Support & Recovery

Josh Bressette Commit to Save a Life - [www.commit2savealife.org](http://www.commit2savealife.org)  
For information (802) 440-6221  
Financial assistance for recovery.

Learn to Cope (for family members) - [www.Learn2Cope.org](http://www.Learn2Cope.org)  
BMC Cancer Center/HEAL Community Room 165 Tor Ct. Pittsfield (508) 738-5148  
Support Group Meetings, Tuesdays 7:00pm - 8:30pm

Living in Recovery - [www.thegbcmc.org](http://www.thegbcmc.org)  
81 Linden St. Pittsfield (413) 270-3681  
Community recovery center to aid local recovery community including family members, friends and supports.

Nar-Anon (for family members) - [www.naranonctma.org](http://www.naranonctma.org)  
For information (413) 442-8922

Narcotics Anonymous (NA) - [www.berkshirena.com](http://www.berkshirena.com)  
Help Line (413) 443-4377

Substance Abuse Helpline - [www.helplinema.org](http://www.helplinema.org)  
Toll-Free: (800) 327-5050



# *Substance use Support & Recovery*

## Needle Exchange

6 West Main St. North Adams (413) 398-5603

New needles/syringes; referrals; testing for HIV/AIDS, Hep C and STIs; safer drug use and harm reduction counseling; overdose prevention education; naloxone training & distribution; safer sex supplies, safe Injection supplies; wound/vein care.

Substance Abuse Helpline - [www.helplinema.org](http://www.helplinema.org)

Toll-Free: (800) 327-5050



# Detox Centers

Adcare Hospital - [www.adcare.com/programs/adcare-hospital](http://www.adcare.com/programs/adcare-hospital)  
107 Lincoln St. Worcester, MA 01605; 800-252-6465 or (508) 799-9000  
Round-trip transportation provided

Berkshire Medical Center, McGee Unit - [www.berkshirehealthsystems.org/mcgee](http://www.berkshirehealthsystems.org/mcgee)  
725 North St. Pittsfield (413) 442-1400 or (413) 445-9228  
Detoxification, stabilization and rehabilitation services.

Clinical Stabilization Services (CSS) Unit @ BMC  
46 Kent Ave. Pittsfield (413) 447-2927  
Detoxification, stabilization and rehabilitation services.

Northern Hope Center/Franklin Recovery Center  
298 Federal St. (Rt. 5), Greenfield (413) 733-1423 or (413) 737-2439

Vertava Health [www.vertavahealthmassachusetts.com](http://www.vertavahealthmassachusetts.com)  
1 South Street, Cummington, MA (844) 906-0978, (888) 910-1164  
Providing 30 day residential care for those who are suffering from alcohol or substance abuse issues. Dual diagnosis facility specializing in DBT and CBT therapy. Art, music and adventure therapy. Detox center, 15-month online aftercare program with a life coach.



# Medication Assisted Treatment Programs

Brien Center for Mental Health & Substance Abuse Services - [www.briencenter.org](http://www.briencenter.org)  
124 American Legion Dr. North. Adams (413) 664-4541 or Toll Free: (800) 252-0227  
359 Fenn St. Pittsfield (413) 499-0412  
60 Cottage St. Great Barrington (413) 528-9155

Access to medications for addiction, including buprenorphine (Suboxone, Sublocade) and naltrexone (Vivitrol). Bridge services to ensure uninterrupted addiction treatment for individuals experiencing homelessness, incarceration, or who were recently started on buprenorphine in an emergency department.

Clean Slate - [www.cleanslatecenters.com](http://www.cleanslatecenters.com)

53 Eagle St. Pittsfield (413) 347-4088

Outpatient addiction treatment center includes addiction medication-assisted support program and rehabilitation for drug addictions like opioids and alcohol. Accepts Medicare, Medicaid and commercial insurance.

Right Choice Health Group - [www.rightchoicehealthgroup.com](http://www.rightchoicehealthgroup.com)

152 North St. Suite #250 Pittsfield (413) 344-0170

Offers Suboxone, Vivitrol, Sublocade, Hep C treatment for enrolled individuals. Accepts MassHealth, Medicare, private insurance.



# Medication Assisted Treatment Programs

SaVida Health - [www.savidahealth.com](http://www.savidahealth.com)

77 Hospital Ave. Suite 104 North Adams (413) 398-5180

42 Summer St. Pittsfield (413) 236-9100

Opioid and alcohol addiction treatment including FDA-approved medications (Suboxone, Sublocade) and naltrexone (Vivitrol). combined with therapeutic recovery services. Individualized treatment plan includes counseling and case management services, Psych Med Management.

Spectrum Health Systems - [www.spectrumhealthsystems.org](http://www.spectrumhealthsystems.org)

1274 Curran Highway North Adams (413) 664-9024

390 Merrill Rd. Pittsfield (413) 442-0402

290 Park St. Great Barrington (413) 347-4647

Addiction treatment services including inpatient detoxification, residential rehabilitation, medication-assisted treatment, outpatient counseling and peer recovery support



# Residential Long Term Treatment

Alternative Living Center - [www.alternativelivingcenters.com](http://www.alternativelivingcenters.com)

206 1st St. Pittsfield (413) 446-6311

195 Ashland St. North Adams

Privately operated sober housing, structured living and advanced recovery home.

Keenan House North - [www.briencenter.org](http://www.briencenter.org)

42-44 Arnold Pl. North Adams (413) 662-2480

A 16-bed, co-ed residential recovery home for people in early recovery from addiction whose co-occurring mental health conditions require clinical support.

Keenan House for Men, @ The Brien Center - [www.briencenter.org](http://www.briencenter.org)

202 Bradford St. Pittsfield (413) 499-2756

A 24 bed residential recovery home for people in early recovery from addiction.

Louison House

149 Church St. North Adams (413) 663-6323

Transitional Housing Shelter that can house families and individuals for up to two years, Representative-Payee Program, to further support residents to secure housing and engage in skills development



# *Residential Long Term Treatment*

Safe Harbor - [www.briencenter.org](http://www.briencenter.org)

Pittsfield (413) 499-1456

A permanent housing reunification program for families impacted by substance use.

Supportive Housing - [www.briencenter.org](http://www.briencenter.org)

Pittsfield (413) 344-1637

A safe, affordable and sober environment designed to reduce the chances of relapse and promote adaptive living skills (min. 90 days in recovery).



# Transportation

Berkshire Regional Transit Authority (BRTA) - [www.berkshirerta.com](http://www.berkshirerta.com)

1 Columbus Ave. Pittsfield (413) 499-2782 or (800) 292-2782

Transportation for the Berkshire region. Buses, non-emergency medical transportation. Mass Health patients need permission from doctor.

County Ambulance - [www.countyamb.com](http://www.countyamb.com)

175-185 Wahconah St. Pittsfield (413) 499-2527

In partnership with BMC, offering free transportation to residents of North Berkshire to BMC

County Rainbow Taxi

10 Pleasant St. Pittsfield (413) 499-4300

CRT Inc. Cabulance - [www.CRTcabulance.com](http://www.CRTcabulance.com)

16 Oak St. Pittsfield (413) 447-3800

Provides ambulatory and wheelchair transportation services for clients attending dialysis, medical appointments, and more. ADA compliant.

Northern Berkshire Community Coalition Bike Collective - [www.nbccoalition.org](http://www.nbccoalition.org)

Currently hosted at the North Adams Armory (413) 663-7588

A space to convene and build community around bicycles. Bicycles for sale or to earn. Northern Berkshire residents can bring their bikes for basic fixes or maintenance. The bike collective will take bikes and bike part donations.





# Transportation

## RJ Taxi Service

429 Curran Highway North Adams (413) 346-4907

Provides cab service to passengers throughout Northern Berkshire County. Open 24 hours, 7 days a week. Offers local and long distance transportation.

Village Ambulance Service - [www.villageambulance.com/\\_mgxroot](http://www.villageambulance.com/_mgxroot)

30 Water Street, Williamstown (413) 458-4889

Provides non-emergency medical transportation, including trips to and from doctors' offices, to and from dialysis and radiation centers, and other non-emergency situations that require a high degree of patient care.



# Emergency Numbers

For Fire, Police or Ambulance from anywhere in Massachusetts.....	Dial 911
Massachusetts State Police.....	(413) 743-4700
National Suicide Prevention Lifeline .....	(800) 273-8255
Poison Control Center.....	(800) 222-1222